

Cove News

May 2015
Volume 21: Issue 4
North Arm Cove's
free community magazine

22 Promontory Way - Phone 4997 3237 - www.covenews.net/covenews.pdf

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House fire followed by 'super storm' devastates community

THE COMMUNITY HAD barely recovered from the tragedy of The Esplanade house fire when the village was hit by a category 3 cyclonic 'super storm' and torrential rain resulting in a loss of power for over four days and considerable storm damage.

Friday April 17 Paula and Toby Hunter's home was gutted by fire with Paula, her sister Laura and baby Molly airlifted to Westmead and Royal North Shore hospitals.

The quick action of local paramedics/neighbours Jan and Alan Walker certainly lessened what could have been a far more tragic outcome.

Paula's employer, Jenny Hyde (*Tile Rescue Hawks Nest*) has organised a benefit afternoon for the family.

'We're really hoping a big crowd will come along and support the appeal, she told *Cove News*.

The Hunters are now being housed at Tea Gardens; baby Molly has been reunited with her mother Laura at RNS where Laura will be for a while whilst undergoing



ABOVE: Remains of the Hunter's home

BELOW: Typical cove storm damage

extensive burns treatment.

April 20/21 the village was hit by a 'super storm' cell of such verocity boats were ripped from their moorings, large trees were uprooted landing on houses and sheds causing devastating damage.

State Emergency Service personnel from Lismore, Port Macquarie, Taree and further afield together with Essential Energy linesmen worked long hours to restore order out of chaos.

Tea Gardens, Hawks Nest, Bulahdelah and Karuah were battered by the high winds. Raymond Terrace, Hinton, Maitland and beyond inundated by flood waters.

All proceeds from the Community Centre Management Committee's trivia night, May 23 will be given to the SES in appreciation for the work carried out by the organisation's volunteers. If you are unable to attend the function, donations may be left at 22 Promontory Way or 146 Cove Boulevard.



Cove house fire tragedy:

**Saturday
3pm**

**May 9,
2015**

**Hawks Nest
Surf Club**

a benefit

afternoon

will be

held for the

Hunter family

including

Laura and

baby Molly

• Raffles

• Auction

• Fashion

parade

Your generous

support would be

greatly appreciated

Join your friends for a cuppa
at the Stitch Gatherers Craft Group's
Annual 'biggest morning tea'
10am - Saturday, May 16, 2015

North Arm Cove Community Centre
• Hat competition (knitted, crocheted, felt,
in fact, hats of every kind • Raffles galore

Proceeds to the Cancer Council NSW
to aid cancer research

For more information phone

Joan - 4997 3438



Test your trivia knowledge

**7pm - Saturday,
May 23, 2015**

North Arm Cove Community Centre

Form a team with your friends or come along
and join a team - \$10pp includes supper

**All proceeds to the
State Emergency Service**

Bookings phone Moira 4997 3074

Here's to a healthier you

Turmeric and curry

TURMERIC (THE YELLOW powder that is one of the components of yellow curry) is the most powerful natural anti-inflammatory identified today.

It also helps stimulate apoptosis (controlled growth) in cancer cells and inhibits angiogenesis, (development of blood vessels in tumours).

In the laboratory, it enhances the effectiveness of chemotherapy and reduces tumour growth.

It is important to note that to be assimilated by the body, turmeric must be mixed with black pepper.

Ideally, it must also dissolved in good quality oil.

In shop-bought curry mixes turmeric only represents only 20% of the total, so it



is better to obtain turmeric powder directly.

Recommendations for use: Mix a quarter of a teaspoon of turmeric powder with half a tablespoon of olive oil and a generous pinch of black pepper. Add to vegetables, soups and salad dressings.

So, in the interest of your good health, this winter include lots of great curry meals on your menu plan!!!

[Source: Dr. David Servan-Schreiber, "Anti Cancer, A New Way of Life".]

Chef's Corner with Albert

Kumara (sweet potatoes), lentil and cumin soup with balsamic onions

WINTER IS FAST-approaching. Try this wonderfully rich and earthy soup. This makes a hearty winter meal with lots of crusty bread.

Serves 4-6

Ingredients: 80g butter: 1 large onion, finely diced: 12 sage, torn in half: 1 medium leek, washed and finely sliced: 2 cloves garlic, peeled and sliced: 1 large orange Kumara (sweet potatoes), about 400g, peeled and cut into 1 cm cubes: ¼ cup split red lentils, rinsed: 1 litre vegetable stock or water: 3 tablespoon olive oil: 1 large red onion, finely sliced: 3 tablespoons balsamic vinegar: 1 large handful chopped parsley.

Method: Melt butter in a deep saucepan over a high heat until nut-brown foamy. Add onion and cumin seeds. Cook 2-3 minutes, stirring to prevent burning. Add sage, leek, garlic and sweet potatoes and stir well. Add lentils and stock and bring to the boil. Simmer 30 minutes until lentils and sweet potatoes are tender.

While soup is cooking, heat oil in a small frying pan, add red onions and cook over a moderate heat, stirring occasionally, until it begins to caramelise. Add vinegar, cook until it has evaporated, remove from heat.

Adjust soup for seasoning and stir in parsley. Ladle into a bowls and place the onions on top.

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Cove News
circulation 280
www.covenews.net/covenews.pdf

Cove News is independently edited and published by Maureen Kelly, OAM, 22 Promontory Way, North Arm Cove - 4997 3237

Printed by Great Lakes Council. Comments expressed in Cove News are not necessarily the editor's opinions/policies but are published in the community's interest. The editor reserves the right to format and reduce articles/letters.

Cove News
June deadline
Wednesday,
May 27, 2015

The team at Century 21 - Coastal Properties

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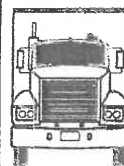
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Lack of communication access discussed with MP Bob Baldwin

THE APRIL NORTH Arm Cove Residents meeting was a very busy one.

In the first half of the meeting, residents discussed with Federal MP Bob

Baldwin health services and TV, radio and mobile coverage.

The communications matters had been the subject of a survey circulated in the last *Cove News* and online.

The survey results indicated many locals do have significant access problems - particularly prevalent towards the North East corner of the village.

Bob had done his homework so came armed with suggestions - and said that if we were having telecommunication



NO GRANGE HERE: Doug Kohlhoff thanks Bob Baldwin with a small gift - Bob relieved to know it was not a bottle of Grange!

problems we needed to make sure we let the service providers know.

The normal business of the meeting proceeded after Bob Baldwin had left for the Stroud Show.

The ongoing issue of lack of response and action from some parts of Great Lakes Council was again a major focus.

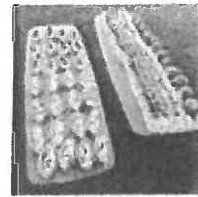
The Minutes - including Bob's suggestions, and the preliminary results of the communications survey are available on the Community website - northarmcove.nsw.au

Doug Kohlhoff, NACRA president

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0431 161 499

Residents help cyclone victims



COLLECTION: Appeal co-ordinator Robyn Gee with Jan Walker bagging donations

LOCALS GENEROUSLY CLEANED out their wardrobes and cupboards last month, sending large bags of clothes, toys and linen to residents of Vanuatu who lost everything in Cyclone Pam which ravaged the country.

The generosity of locals was overwhelming. Eastslope Way resident, Robyn Gee told *Cove News*.

The appeal was co-ordinated by Robyn with the help of her employer, *Blooms Pharmacy*, Mayfield, where staff and customers also contributed to the appeal.

The donations were taken to Liberty for the Nations (Word and Deed Ministry to the Nations) premises at Mayfield, spokesperson/local resident Karen Thorpe expressing extreme gratitude for the cove's help.

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Residents farewell Pauline and Mark

IT WAS FITTING FOR the community to farewell longtime residents Pauline and Mark Webster (pictured right) on Sunday, May 3 at the community centre, a venue which has benefited



RETURNING TO THE 'BIG SMOKE:' Pauline and Mark Webster

in so many ways, over the last 22 years, from Mark's electronic and technical skills.

Having purchased their Cove Boulevard block in 1986, they moved into their new house in 1993.

Mark, a former RAAF/QANTAS pilot, and Pauline have three daughters and ten grandchildren.

Pauline said their middle daughter and her family are sad her parents have decided to live permanently in their Normanhurst town house.

'Our grandchildren will really miss the beach and water activities,' she told *Cove News*.

Pauline also said she would miss her cove friends, attending Stitch Gatherers and theatre outings but will continue her sewing, quilting, patch work and embroidery in Sydney.

Mark was responsible for the installation of the community centre's security system, sound system, and the overhead projector.

He was always 'on hand' to help residents with their computer problems and volunteered for many years to help out in the kitchen on International Women's Day.

'We have friends in Sydney, but our cove social life, which included attending squadron dinners at Williamtown Air Base, was busy and very enjoyable,' Pauline said.

Friends and neighbours farewellled the couple at an afternoon tea held in their honour at the community centre.

The Websters leave the village knowing they will be sadly missed by all who knew and loved them.

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ANZAC Centenary dinner well attended by residents

COVE RSL MEMBERS were well represented at the Community Dinner Dance organised by the Karuah RSL Sub Branch, Saturday April 18, 2015.

Guests received a booklet produced by the Sub Branch for the Centenary Commemoration of WW1.

Research for the book was carried out by the Karuah History Group, in particular Benita Parker who spent many hours collating the details of each of the names listed in the booklet.

This well-produced booklet contains the names and details of the war service of the twenty-four men whose names appear on the Karuah War Memorial as well as other men from the district not on the memorial.

Among the guests at the Centenary Dinner were Port Stephens MP Kate Washington, Port Stephens Councillor Paul Le Mottee and the guest speaker for the evening, retired District Court Judge Harry Bell.

Judge Bell enlisted for WWII,



DINERS: Joan Williams, Gillian and John Aaltonen, Barry Young (standing) and Denise and Bruce Brown

serving with the 2/9 Commando Squadron of the 2/6 Cavalry Regiment in New Guinea for a total of 19 months.

He gave an interesting talk on the young soldiers who, in his view, shaped the 20th century comparing them with today's soldiers in Iraq and Vietnam, Afghanistan etc highlighting Snowy Williams (a Karuah returned serviceman) and Judge Bell's great-uncle who was killed in 1915.

The evening concluded with guests taking to the dance floor to the music of *Jumpin Jukebox* who played a great selection of fifties and sixties rock and roll music.

Work begins on tennis court projects

FIRSTLY, A BIG welcome to new members, Cove Boulevard's Catherine and Graham Reynolds and family – we hope to see more of you in the future.

With daylight saving over for a few months, social tennis times have been set back to 9am-11am on Saturdays, with Mondays being deferred for the moment due to people being away/ill or too busy!

We expect Mondays will re-commence shortly.

We now have a few projects on the move:

- Shade cloth skirting has been put around the base of the fence as a trial to stop leaf intrusion. It seems to be working so the east and western sides will now be done.
- Guttering/downpipe will be installed on the tennis shelter to stop drips ruining a good day's tennis.
- A longer term job is to extend the slab and modify the practice wall to incorporate a cage (similar to cricket practice nets). This will take grant funding and a DA with Great Lakes Council.

Finally, a big 'GET WELL' to our treasurer Trish Peters who is now recovering at home in the care of house husband Dick.

Peter Chappelow, President

Karuah Bluegrass Music Festival May 1-3, 2015

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WINDOW FASHIONS

Chatter Chatter Chatter Chatter

□ Welcome back to the cove following recent holidays *Robyn and Robert Mirabito, Bev and Chuck Newhouse, Pauline and Mark Webster, Ellen Krieger, Sandy and Peter Chappelow, and Wendy and Glen Middleton.*

□ Wedding anniversary best wishes to *Aileen and Dieter Kurath 46th; Margaret and Michael Nolan 41st and Darilyn and Barry Hillier 30th.*

□ With a swing of 21% *Kate Washington* won the seat of Port Stephens at the recent NSW State election. 320 *North Arm Cove* residents were entitled to vote resulting in ALP 111, LNP 139 - swing of 14.91% to the ALP. In her online post-election edition of *Washington Post* she thanked everyone for their support saying 'I hope you're willing to stay with me on this adventure, where my focus will be on doing all that I can to support and improve this beautiful community we live in.'

□ Last month was a busy one in the *Griffin* household. *Olly and Bob* attended the premiere of a film *Olly* appeared in (brief shot of *Bob* too) for the *Calvary Mater Hospital* relating to pressure injuries. They also farewelled *Bob's* sister *Sheila* who spent a month on holiday in the cove from *New Zealand*.

□ Welcome to their newly-purchased home in Cove Boulevard *Lyn and Brian*.

□ Greetings to all residents celebrating a May birthday including *Denise Brown, Robyn Mirabito, Bob Griffin, Margaret Fry, Peter Chappelow, Carol Duffey, Ron Hampton, Vicky Turner, Jim Hunter, May Picken, Jenny and Mike Dady, Karen Thorpe, Michael Pickles, Tony Hann, Susan Knight, Barry Hillier, Jim Swadling, Leigh Lewis, Phil Anderson, Eve Yearsley and Dave Crawford.*

Paula, Toby, Liam and Byron Hunter

The thoughts of the entire community are with you all following the devastating loss of your home

Friday, April 17, 2015

Our thoughts are also with

Laura and baby Molly

Know that we will all reach out with helping hands whenever you need us

□ Proud grandparents *Stephanie and Jim Hunter*, are celebrating the return to *Oz* of daughter *Ruth* and grandson *Nathan* following his participation in dance workshops in the USA, the highlight of his trip, taking part in the *Grand Parade* at *Disneyland*.

□ Grandparents *Julie and Dennis McGloin* are happy and immensely relieved at the safe arrival of twins *Georgie and Ben Shelley* by Caesarean to parents *Emma and Mick* at *Townsville Hospital* April 27 2015.



□ A speedy recovery wish to all residents not the best at present including *Trish Peters, Aileen Kurath* and post-operative good wishes *Shawna Hartley*.

□ *Jim Clayton's* 92nd birthday was marked by daughter *Lee* and granddaughter *Ani* organising a lunch for *Jim*, wife *Lal* and friends at their home. *Great grandson Charlie* had a ball!

□ From 92 to 50 years! *Jim Cox* celebrated his 50th in grand style, *Emma* organising a party for friends and neighbours with *Jim's* parents and sister travelling from *Adelaide* for the milestone birthday, *Jim's* mum revealing many stories of his early escapades to the delight of all those present!

□ Happy May birthday to cove youngsters *Byron Hunter* and *Cade Probert*.

□ Sincere condolences to *Willi and Betty Marnulla* on the sudden death of their daughter *Caroline*, aged 42 years.

□ Sympathy to *Umi and Peter Freeman* on the passing in Sydney of *Peter's* mother, aged 93, April 5, 2015.



□ *Happy Mother's Day* - Sunday, May 10, 2015. Enjoy your special day whatever you are doing, be it relaxing with your family or wining and dining!

J.H.R.E.

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Yabba - Have your say.....

Signed letters may be left at 22 Promontory Way with name, address and phone number attached. Cove News reserves the right to edit for length, fact and grammar. Anonymity will not be granted to contributors. Want to email a letter - please phone 4997 3237 to obtain the email address.

Deep gratitude for overwhelming love and support

Words just don't seem enough to thank the North Arm Cove community for the love and support Toby, Liam, Byron and I have experienced since the loss of our home by fire on April 17, 2015.

The depth of our devastating loss has been made a little easier by the kind acts of generosity, love and support from friends far and wide, our dear neighbours in The Esplanade and beyond.

'Thank you' hardly seems enough! We wish to thank most sincerely Jan and Alan Walker for their quick action and amazing care which certainly made a difference to my sister and her baby's condition when they arrived at Westmead and Royal North Shore hospitals.

The outcome could have been just so much worse than it is

without their care and expertise, how lucky we all are to have Alan and Jan living in the cove! We also thank Connor Walker for all his help too.

Our gratitude to Anthea and Greg Mayer for providing a roof over our heads, my friend and boss Jenny Hyde (*Tile Rescue*) for looking after Liam and Byron following the fire and providing us with clothes, Margaret and Ron Hampton, Bec, Amanda and Steve, Elizabeth and Colin, Dymphna and Ed Simcox, Louise and Luke, the Nolans, the furies, ambos and helicopter pilots.

Your love and support is totally amazing and overwhelming - just something, we feel, is so unique to the cove.

We do apologise if we have missed naming anyone, we hope you will understand our confusion right now!

Paula, Toby, Liam and Byron Hunter

Calling all crafters

Do you want to sell your crafts, make some money and have some fun or would you like to demonstrate your craft?

You are invited to:

Karuah's Craft and Quilting event,
June 19 and 20

Karuah Community Hall.

To book your space (\$10) or for more information please contact Lynda 4997 5798 (0412 895 765), Dawn 4997 3088 or Norma 4997 5543.

Thank you

I sincerely thank everyone who came along to celebrate my '50 years in Oz' lunch, Sunday April 26, 2015 at the community centre.

What a great time I had? My family were blown away by the spirit of this great community.

Thank you ALL - it was a memorable day! Mo



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Stamps for Parkinsons NSW

I thank everyone in the cove who continues to leave packages of used stamps in my letterbox.

These stamps are forwarded by me to Parkinsons NSW to increase their fundraising efforts.

Please continue your efforts collecting the stamps and leave in my letterbox - 114 Cove Boulevard.

Lal Clayton

Medowie CWA fundraiser

We are holding an International Day fundraiser Tuesday, June 9, 2015 at Medowie's Community Centre, Ferodale Road.

The day commences 10.30am with morning tea followed by an Italian Feast, entertainment, tombola and lucky door prizes. Cost \$20/head.

To book your seat please call Dawn 4982 8433 or Monica 4928 2439 - RSVP May 22, 2015.

Dawn Patterson



Maria and Michael Pickles

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Hat competition part of 2015 'biggest morning tea'

IF IT'S NOT already in your calendar, don't forget that the North Arm Cove Stitch Gatherers 'biggest morning tea' will be held Saturday, May 16 10 am at the Community Centre.

Join us for morning tea, raffles and auctions, with all proceeds going to the NSW Cancer Council.

If you are entering the hat competition, here's a reminder of the categories:

- ☐ In the Garden (look around your yard for some inspiration).
- ☐ Fantasy (the possibilities are endless).
- ☐ Festive (think Christmas,

Easter or other holidays).

- ☐ Most Innovative (just let your head go).
- ☐ Open (this

category includes head huggers which will be donated to chemotherapy patients)

If you haven't had time to create that special hat, maybe you have something already made that will qualify?

Or, if you don't want to enter the competition but would like to donate some hats, they will be passed on to Ronald McDonald House.

Many of the hats will be put up for silent auction after the judging



and those not sold will go to the hospital for use by both patients and staff.

Entry fee is \$5 and that includes a plate of sandwiches and cakes, plus tea and coffee.

The major raffle prize is well worth winning - a beautifully crafted quilt depicting the various ages of fashion. Each panel on the quilt was hand embroidered by members of the Stitch Gatherers group.

For further information, call Joan Williams 4997 3438.

All hat entries must be with Joan by Friday, May 15.

When submitting your hats, please note if they are to be put up for sale.

Annette Searle

Future of sewerage and water for village

FOR MANY YEARS there has been much speculation regarding the provision of sewerage and water services to the cove.

Mid Coast Water's (MCW) Daniel Brauer, Group Manager - Planning & Development said MCW recognises the importance of reticulated sewerage services in mitigating impacts on downstream aquatic environments, particularly those supporting aquaculture.

He said that regrettably, financial constraints have continued to inhibit the delivery of water and sewerage services to North Arm Cove, Coomba Park and a number of other small communities throughout our service area,' he said.

In July 2012 MCW estimated the cost of delivering water and sewerage to North Port Stephens (North Arm Cove, Pindimar and Bundabah) at close to \$40M, with an approximate cost per lot between \$56k and \$63k.

These unit costs are prohibitive, as is the prospect of subsidising the costs by increasing fees and charges across our existing customer base. As a result MCW have been unable to accommodate the servicing of small communities in their long term financial plans.

They have continued to lobby state government for financial assistance to deliver these services however we have been informed that our

local unserviced communities are less of a priority than other communities in NSW.

In the meantime, MCW have committed to revising

the concept plans for unserviced communities with the intent of being prepared to implement projects if and when funding becomes available.

Computer News

From Phillica Sweet Technology
Antivirus will no longer supports Windows XP
Already Flash/Java no longer support Windows XP but most people can get around this by using Google Chrome which uses it own version.

Most of the Antivirus companies will stop support for XP by July 2015. This includes AVG, Avast, Avira, Norman, Sophos, however, some have extended this deadline - Trend Micro January 2017: Kaspersky Mid 2016 and Bitdefender January 2016



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A day in the bush: Writers attend annual bush poetry event

SIX MEMBERS OF the cove's writing group attended the Dungog-Clarence Town CWA's annual gathering of bush poets at Clarence Town School of Arts.

Six renowned bush poets, including North Arm Cove Fellowship of Australian Writers' performance poet, Bob Bush provided the entertainment.

The writers, Wilma Greenway, Moira Hooper, Maureen Kelly, Christina Laponder and Joan Williams, were joined by Bev Bush, Peter Laponder, and Colin Williams.

They all enjoyed music performed by Springtide and the poetry of Heather Searles, Jenny Markwell, Carol Heuchan, Neville Briggs, Claire Reynolds as well as Bob.

MC for the day was Gordon Ewin and proceeds from the event will be donated to



POETRY LOVERS; (l-r) Bob Bush, Christina Laponder, Peter Laponder, Colin Williams, Maureen Kelly, Joan Williams, Moira Hooper, Bev Bush and Wilma Greenway

Moira with her prize

Dungog-Clarence Town CWA projects.

Winner of the major raffle prize was a happy Moira Hooper (pictured above right)!

Bush fire threat: Community must be responsible for their own actions

IAN COOK, RURAL Fire Service Community Protection Planning Officer convened a meeting at the community centre April 18, 2015 to bring the residents up-to-date with the RFS/Great Lakes Council's efforts to make the village a safer place in case of bush fire threat.

Over forty residents listened to Ian's well-delivered and positive update which emphasised the need for residents to carry out gutter and garden clearing, being prepared to activate their personal bush fire survival plan and only regard the community centre as a 'Place of Last Resort.'

The proposed strategies outlined by Ian left everyone feeling that, at last, our fears regarding bush fire threat, were being heard by the RFS and council.

'There is still a long way to go,' Ian said, 'but providing an extra water tank, a generator and other safety measures is, indeed a step in the right direction.'



SAFER PLACE: Ian Cook updates residents

North Arm Cove
Rural Fire Service

**Annual
General Meeting**
Tuesday, June 2, 2015
7pm - fire station

Volunteers required at all times
Come along and support
your local Rural Fire Service
Your village needs you!

Management Committee phone contact list

Elizabeth Deane.....4997 3258
Steve Gee.....4997 3398
Moira Hooper.....4997 3074
Maureen Kelly..... 4997 3237
Doug Kohlhoff..... 4997 3341
Maria Pickles..... 4997 3045
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fashion & accessories

gifts & treasures homewares & decor

books and oracle cards

Shop C, 203 Myall Street, Tea Gardens

Phone 0432 765 755

www.sumeru.com.au

\$2.50 personal ads

Classifieds

\$5.50 Business ads

For Sale

CARTRIDGE HP 60
Unused but package opened.
Purchased in error. Half price
\$15 Please phone 4997 3438.

**Please call Emma
for a manicure or
pedicure -
I also do threading
Phone 4997 3383**

**Tea Gardens/Hawks Nest
Meals on Wheels Inc**
Nutritious hot, chilled
and frozen meals
and delicious sweets
Special diets catered for
Delivery to
North Arm Cove

Phone 4997 0701

BLUE WATER OYSTERS
Locally farmed
Phone Dawn 4997 3088

Found

**LADIES' glasses in a blue
case also a navy cardigan -
found at the community centre
after the State Election March
28. To claim please phone
0417 403 720**

**Avon calling!
Madison Woolley**
Phone 0411 960 238
madison.woolley@
hotmail.com

**Home Maintenance
Jock Williams**
Fully insured
Phone 0422 850 393

sumeru tea gardens
• guided healing meditation
• energy healing with Black
Crow Walking
Phone Julie 0432 765 755

Public Notice

pullins
CARPETS & FLOORING

The biggest warehouse and showroom in the Hunter Valley

**Anambah Business Park, 21 Mustang Drive,
Rutherford (next to Masters)**



We are a local
family-owned and
operated business
stocking all your
flooring needs
• Rugs • Carpet
• Vinyl • Laminate

**In the area once a week for
FREE MEASURES AND QUOTES**

Phone 4932 1874 (Shop)

Local rep - Richard

4997 3179 : 0408 681 983

www.pullinsflooring.com.au

email: sales@pullinsflooring.com.au

Public Notice

Baby Sitting team available - North Arm Cove residents
Arlee and Isabella Francis available for baby
sitting at reasonable rates

References and parent back-up available
The girls also offer a car washing service
Please phone 4997 3009 : 0409 985 299

Reliable House Cleaning

Available for cove residents
All aspects of cleaning carried out in an
efficient and thorough way
\$20/hour (minimum 2 hrs)
Phone Emma 4997 3383

Vitamin Bead

is all about the unique and unusual.

We strive to provide excellent customer service,
fabulous clothing, and have an extensive range of
jewellerycome in store now for a chance of a



first pick of our new range of
Organic Haven Soaps

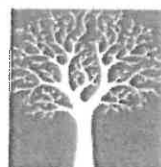
Our personal favourite is
Cinnamon, Clove and Orange Wink
emoticon, but there is wide range
to choose from

Shop 2/13 Maxwell Street, Tea Gardens
(Opposite bottle shop)

Phone 0409 985 299

Facebook/vitaminbead

vitaminbead@gmail.com



R&R
RURAL & RESIDENTIAL
PROPERTY

A passion for property

Shop 1, 77B Cowper St, Stroud

Phone 4994 5766

0414 725 482

www.randrproperty.com.au

April

Sudoku solution

Unfortunately, at the
time of completing
May Cove News
I still had no
landline or Internet
connection
and therefore could not
provide the answer
to last month's Sudoku -
it will appear
next month

Roof and gutter cleaning and

**repairs
General
maintenance**

Painting

Phone

4997 4995

0423 001 544

Check the Trade Directory for help

Mid Coast Liquid Waste

Family owned and operated

Septic cleaning and pump-out specialists

Servicing North Arm Cove

Please phone

Steve 6553 6388

or 0412 460 873



Consult the specialist
in carpet and upholstery
cleaning, rotary buff shampoo,
hot water extraction, vertical blind,
car and boat interior cleaning

Phone Layne

0414 970 262

for quality service

Making a difference in the Cove David Read Enterprises Pty Ltd

David and his team undertake

- Landscaping • Driveway construction
- Ground maintenance • Retaining walls
- Bobcat work • Renovations etc etc

Phone 0415 966 244 : 4997 3311

Slashing & Excavating Services

FREE QUOTING
SUBSIDISED
ALL AREAS

- 70hp 4wd tractor & heavy
duty blasher or mulcher
- 4.5 ton excavator with
auger attachment
- Bobcat & tipper
- No job too small or large



0416 128 502 Chris Nebauer
www.alanngrove.com.au

Electrician Morgan Angel

Lic EC 39334

Servicing North Arm Cove
Phone 0411 569 732

General Maintenance Carpentry Block Clearing Garden Services

Phone 0423 001 544
4997 4995

Lawn - Maintenance Service and Qualified Upholsterer Mark Woolard

Fully Insured - Reliable Service
Phone 0414 342 636
4997 3154

O'Bryan Earthworks Licence No 221973C QS No 56644S

- Excavator • Tipper hire
 - Site levelling/clearing
 - Slab/driveway preparation etc
- Competitive rates
Work Cover accredited
Call Simon
0417 426 043

Leon Katz - Plumber

Lic Number 44826C
For prompt reliable service
Phone: 4997 1274
Mobile: 0412 478 493

Cove's bulky waste clean-up between June 1 and 5

GREAT LAKES COUNCIL is providing a Bulky Waste Clean-up for the cove between June 1-5, 2015.

This will allow residents to dispose of large items, eg fridges, microwaves, wheel barrows, stoves, barbecues, hot water systems, washing machines, metal lawn mowers, empty paint tins, clothes dryers, pushbikes and metal furniture. All doors removed.

All general bulky waste items such as mattresses, eskies, furniture, chairs and tables, lounges, stereoes, floor coverings, vacuum cleaners, toys, small appliances, pottery, bric-a-brac will be landfilled

All items are to be placed neatly in a pile and not exceed 2 cubic metres or

more than one standard (6'x4') level box trailer; and safely handled by two people and not exceed 30kg.

The contractor has the right to reject any material they consider unacceptable. Please remember, no plastic bags.

Council requests bulky and scrap metal waste be put out the weekend before the scheduled date.

If you forget to place your waste out by the due weekend prior, the contractor will not go back (all collection services tracked via GPS).

Enquiries please contact Midcoast Waste Customer Service - 1300 290 763.

Editorial:

This has been a very difficult *Cove News* to complete, and I am sure I speak for the community when I express my sincere thanks to the men and women of the State Emergency Service, NSW Ambulance Service, Westpac Rescue Helicopter, Essential Energy, Telstra and the local fires, who have worked tirelessly to improve the lives of

residents since the 'super storm' April 20/21, 2015.

I never thought I would be so glad to hear the constant drone of chain saws, turn on my taps and flush my toilet - what a joy!

Personally, I thank neighbours and friends who offered me help during this time.

The tragedy of the house fire April 17 followed by the 'super storm' certainly

tested us.

Baby Molly has left Westmead and joined her mother, Laura at Royal North Shore and the good wishes of the community are sent to them.

Some cove homes received severe storm damage but, on a positive note, we must give thanks that no one was killed. We are, indeed, thankful for small mercies! Ed.

Karuah's 'biggest morning tea'
will be held outside Karuah Post Office
Monday, May 25, 2015 9.30am-11.30am

Cakes and slices galore
plus tea and coffee

All proceeds to Cancer Council NSW

Around the cove

Craft group *Stitch Gatherers* 10am
third Wednesday each month
community centre.

Community Centre S355
committee meet second

Wednesday/month community
centre 4pm, observers always welcome

Garden Network: Meet every
Wednesday morning, also first

Saturday each month - community
garden adjacent to community centre

North Arm Cove Rural Fire
Service first Tuesday each month
7pm at North Arm Cove fire station.

Residents Association (NACRA)
second Saturday February, April,
June, August, October December
commencing 10am comm centre.

Tennis Group: Members' social
tennis Saturday 9am-11am,
Monday 9am-11am Bookings
0427 276 718 between 9am-6pm

Community Directory

Book Club.....4997 3135
Craft Group.....4997 3438
Comm Ctre.....4997 3258
Comm Library.....4997 3258
Garden Network.....4997 3117
Keep Fit.....4997 3237
Res Assoc..... 4997 3341
(www.northarmcove.nsw.au)
Tennis bookings0427 276 718
Writing4997 3237
Power failures.....13 20 80
Fire emergency.....000
Police.....000
Police: Incident.....13 14 44

State Emergency Service

Karuah Valley.....13 2500

Rural Fire Service website

www.rfs.nsw.gov.au

Tuncurry Fire Control

(for fire permits)

6539 7700

Wildlife in need of care

Emergency Hotline

1300 946 295

Water carriers

Jim Timony (Karuah)

4997 5481: 0407 280 478

Ray Vella 4987 9100

0417 686 638 : 0408 479 764

Sam the Waterman

Paul0414 218 148

Daniel0425 344 663

Justice of the Peace

Blackbourn, John4997 3404

Brown, Bruce4997 3294

Hunter, Joan4997 3298

Kelly, Maureen, OAM...4997 3237

Andrew Lovett4997 5708

(Karuah Quality Meats)

Lyall, Dawn..... 4997 3088

Peters, Trish..... 4997 3330

Woodrow, Allan4997 3343

Tea Gardens

Resource Recovery
and Waste Transfer Station

Winta Road, Tea Gardens

Ph/Fax: 4997 2287

Mon/Wed - 12 noon-4pm

Tues/Thurs/Fri - 8am-12 noon

Sunday 12 noon-4.30pm

Re-cycling/Garden Waste
May 2015

Tuesday, May 5.....yellow bin

Tuesday, May 12.....green bin

Tuesday, May 19.....yellow bin

Tuesday, May 26..... green bin