AVOID HOT WATER BOTTLE BURNS

Safety checklist for using hot water bottles

- Check the bottle has no signs of cracking or wear that could make it burst or leak.
- Always fill the bottle over a sink and keep it well away from your body.
- Take care not to overfill or pour water too quickly into the bottle.
- Make sure the plug is properly sealed to prevent hot water leaking out.
- Always use a cover or wrap a towel around the bottle.

Caution

- Never use boiling water to fill the bottle.
- Never put pressure or lie on a hot water bottle: it may burst.